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PARENTING NEWS YOU CAN USE

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Your support of the HAPPY HEALTHY HIP PARENTING commUNITY is greatly appreciated.

THIS WEEK:

Wednesday Workshops

Green Halloween

Green Hotels

**Bubbles, Bubbles, and
More Bubbles**

The Way Families Win

**Watering the Money
Tree**

**Sustaining a Loving
Marriage**

The BPA Debate

**Tear Drops Keep
Falling on My Head**

Wednesday Workshops

Join Certified Parent Educator, Sondra Santos LaBrie, this week at Mama for a one hour workshop on Balancing Work & Family. [CLICK HERE for More](#)

Green Halloween

Started in 2007 by a mom in Washington state, Green Halloween has the mission of inspiring YOU to think outside the candy-box. Green Halloween is dedicated to offering fun, healthy, affordable, not-too-time consuming ideas that will support your goal of creating a Halloween that is happy and healthy for your kids and the planet we all share. [CLICK HERE for More](#)

Green Hotels

The authors of [Celebrate Green! Creating Eco-Savvy Holidays, Celebrations and Traditions for the Whole Family](#) offer up terrific tips on going green while staying in hotels, which are typically not eco-savvy. Want to know which hotels are green? The websites are here! [CLICK HERE for More](#)

Bubbles, Bubbles and More Bubbles

Here is all you ever wanted to know about bubbles in one spot. From how to make bubble juice to making a high tech bubble blowing tube, it is all here for fun family adventures. [CLICK HERE for More](#)

**The Way Families Win
By Steve Goodier**

Winston Churchill said, "We shall fight on the beaches, we shall fight on the landing grounds, we shall fight in the fields and in the streets, we shall fight in the hills." And humorist Bob Orben added, "That sounds a lot like our family vacations." The problem is not whether we who live in families will have squabbles, arguments and fights. My worry is more whether those conflicts will end anytime soon. I don't want home life to become the Hundred Years' War - going on and on with no end in sight while the casualties mount. Conflicts need to have an ending so that the family can get about its real business.

At one point during a game, the coach said to one of his young players, "Do you understand what cooperation is? What a team is?" The little boy nodded yes. "Do you understand that what matters is whether we win together as a

Inspirational Quotes of the Week from author Frank Herbert

"Wealth is a tool of freedom, but the pursuit of wealth is the way to slavery."

"The beginning of knowledge is the discovery of something we do not understand."

"Seek freedom and become captive of your desires. Seek discipline and find your liberty."

Where is [Sondra](#) teaching in October?

Wednesday Workshops at [Java Mama](#) in La Mesa

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team?" The little boy nodded yes. "So," the coach continued, "when a strike is called, or you are out at first, you don't argue or curse or attack the umpire. Do you understand all that?" Again, the boy nodded yes. "Good," said the coach. "Now go over there and explain it to your mother."

I believe a family can be like that sports team. A successful family wins as a team. But if its members are intent upon winning their own individual battles with one another, the team loses. A winning solution is to work out the differences and, when it's over, let it be over. Then they can get back in the game as a team. [CLICK HERE for More](#)

Watering the Money Tree

When asked to inscribe her book [Because Kids Don't Come with Manuals](#), Tina Nocera always chooses, "Spend half as much money, and twice as much time with your children." Never has that been more true than today given the current state of the economy. Rather than feeling helpless, use this as an opportunity to teach your children an important life lesson – how to handle money. Read Tina's wonderful suggestions.

[CLICK HERE for More](#)

Sustaining a Loving Marriage

According to the poet Rumi, "Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it." Here are tips for building a loving relationship with your spouse.

[CLICK HERE for More](#)

The BPA Debate

The FDA has said that BPA doesn't pose a risk to people. BPA (bisphenol A) is a hormone-like chemical found in plastics. Although, the three studies which the FDA based their opinion, were funded by the chemical industry. Hundreds of independent studies suggest the chemical poses serious risks. Read how to avoid BPA exposure. [CLICK HERE for More](#)

Tear Drops Keep Falling on My Head

We shed real tears at the loss of Paul Newman, whose legendary looks and powerful screen presence dominated the movies for years and whose charitable work through the Hole in the Wall camps for seriously ill children and Newman's Own) set an elegant example of how one man can make the world a better place. Here are suggestions on introducing Paul Newman to your children through his films, such as Butch Cassidy and Sting.

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